

Contact

For more information regarding
Intramurals at Holy Family, visit:

The Activities Office

Campus Center

Room 206

267-341-3495

mthomas940@holyfamily.edu

AIM Instant Messenger Screen
name HFACTIVITIES

Or visit our website:

[http://www.holyfamily.edu/
studentlife/intramural.shtml](http://www.holyfamily.edu/studentlife/intramural.shtml)



Non-Discrimination Statement

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*"For sports,
they do not build character...
they reveal it"*
--John Wooden

Holy Family
Activities

Fall 2008



Intramural Flag Football

All teams must have at least 6 people.
Sign-ups start September 15, 2008.
Games start September 29, 2008.

Winter 2009



Intramural Basketball

All teams must have at least 3 people.
Sign ups start January 8, 2009.
Games begin January 26, 2009.

Intramural Counsel

Purpose: To act as the liaison between the staff, administration, and faculty on behalf of all the intramural athletes.

How do you join?

Contact Matt Thomas in the Activities Office, mthomas940@holyfamily.edu or call 267-341-3495.



Cheerleading

Cheerleading will hold tryouts:
September 8 - 12

The cheerleading team will cheer at men's and women's basketball home games.

Spring 2009



Intramural Volleyball

All teams must have at least 6 people.
Sign-ups start on March 9, 2009.
Games begin March 23, 2009.

General info

To be eligible to play you must be a full/part time student, faculty, or staff member of Holy Family University with proof of current health insurance.